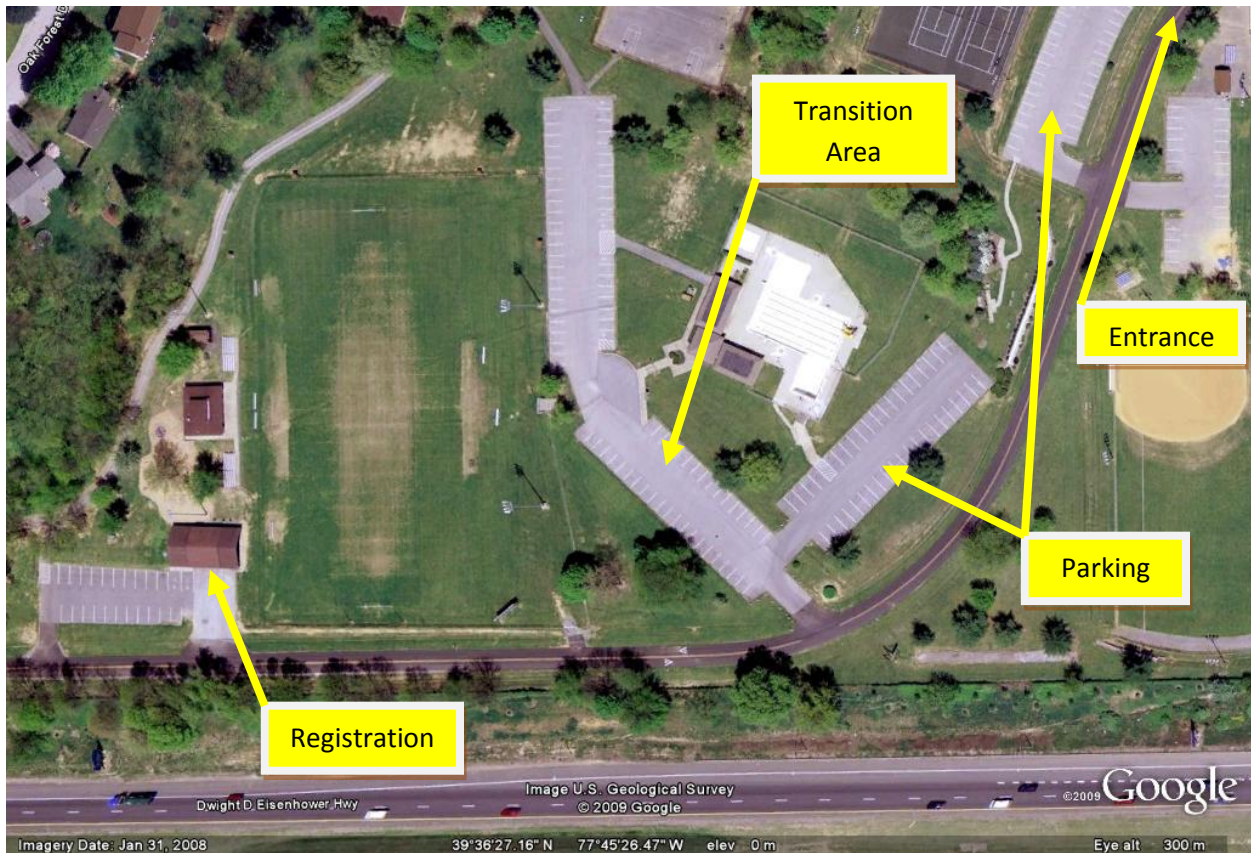




Hagerstown Duathlon Race Site-Hagerstown, MD 1740



Hagerstown 5K Run Course- elevation approx. 150 ft



Turn-by-Turn

Start in parking lot heading towards the path, L-at the "T" in the path, follow the path until it hits the parking lot near the volley ball court, U-Turn onto the park road and proceed down the park road until you reach the football field by the pool, U-Turn and follow the same course back to the finish.