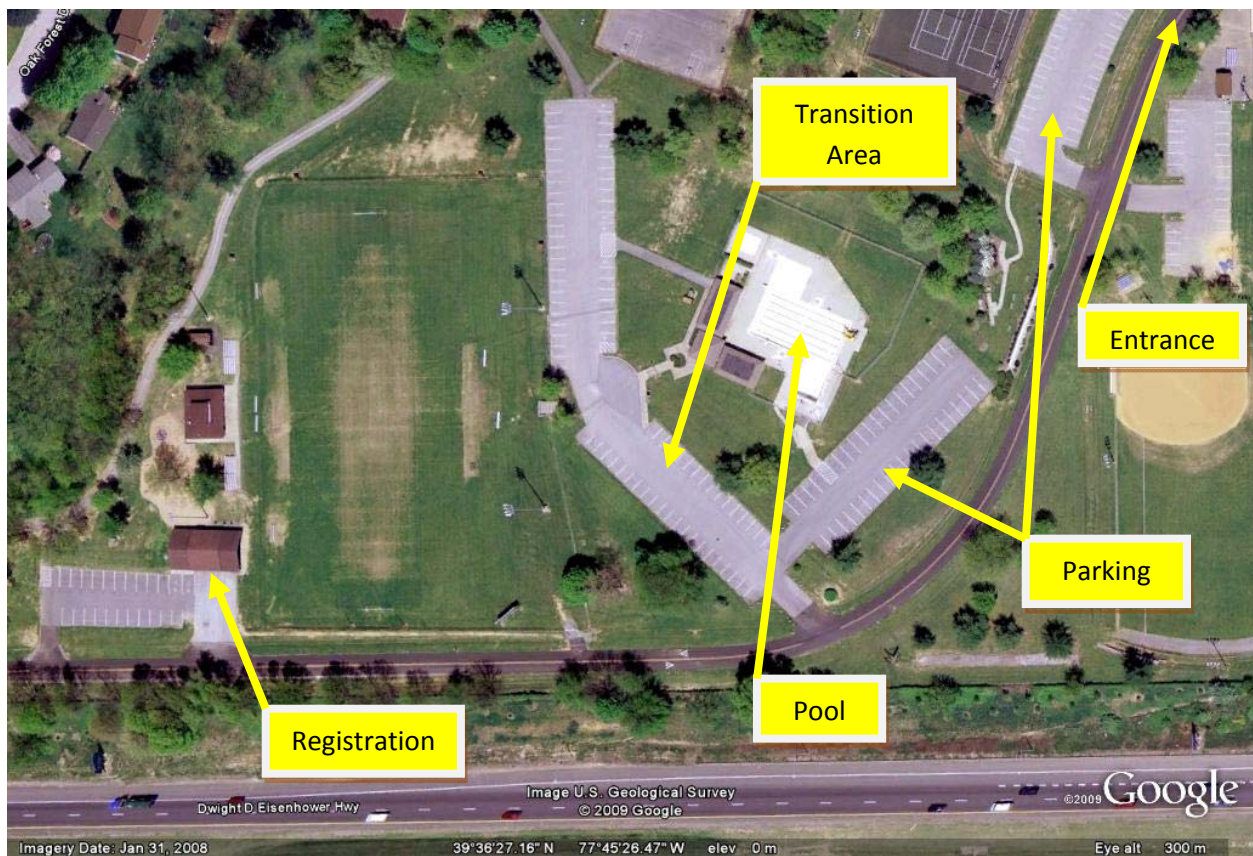


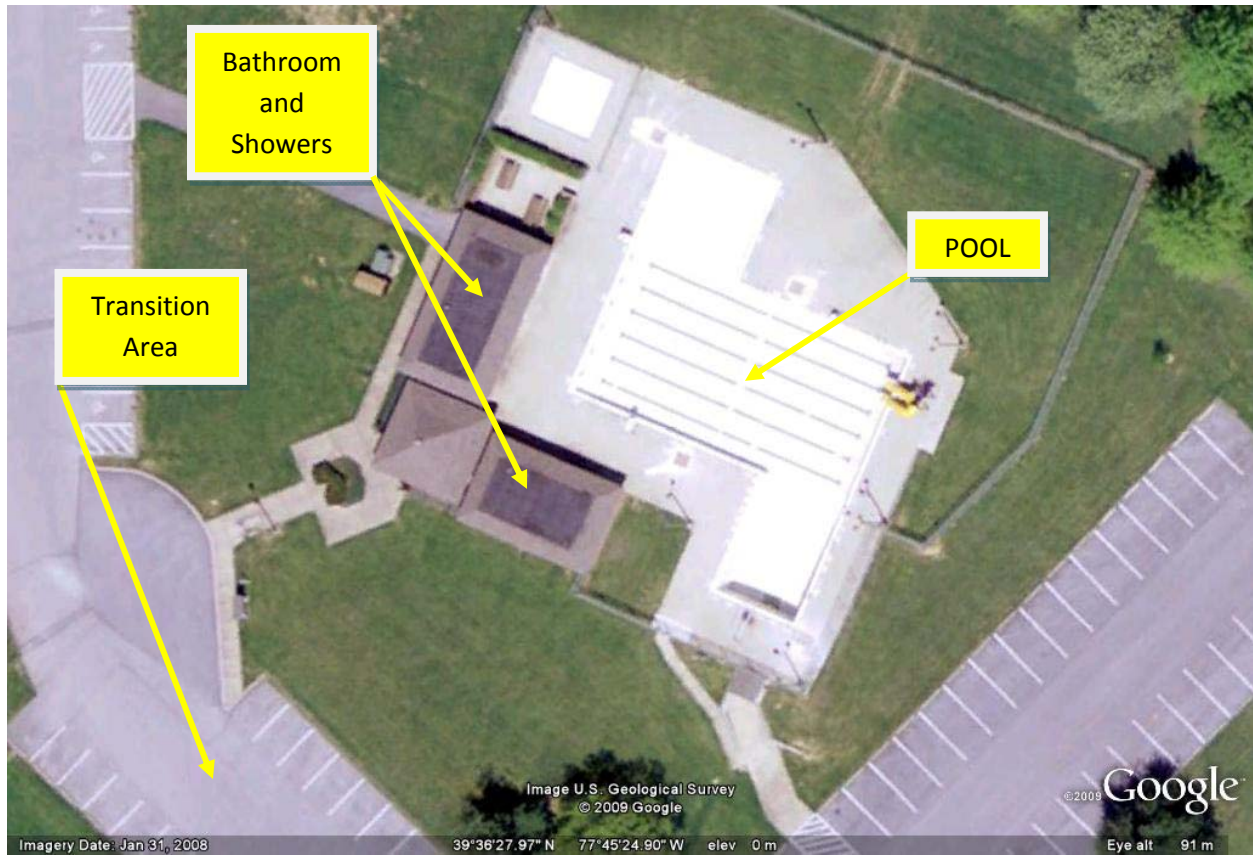


Hagerstown Youth Triathlon Race Site-Hagerstown, MD 1740



See the next three pages for details on the Swim, Bike and Run courses.

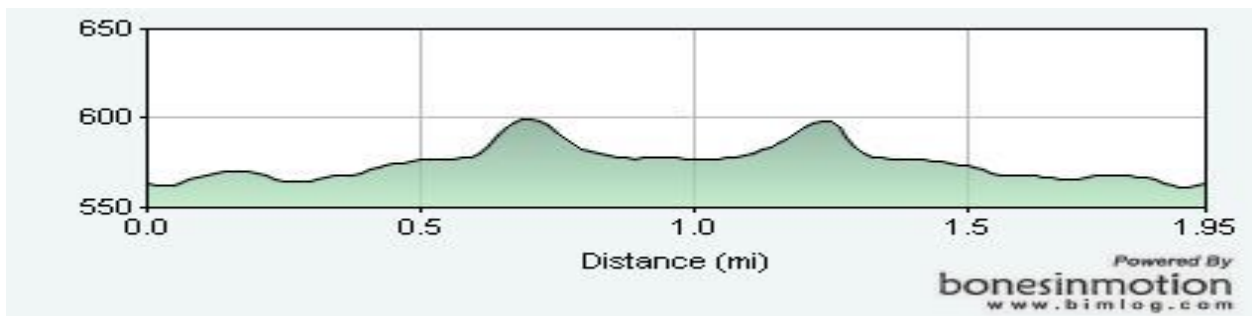
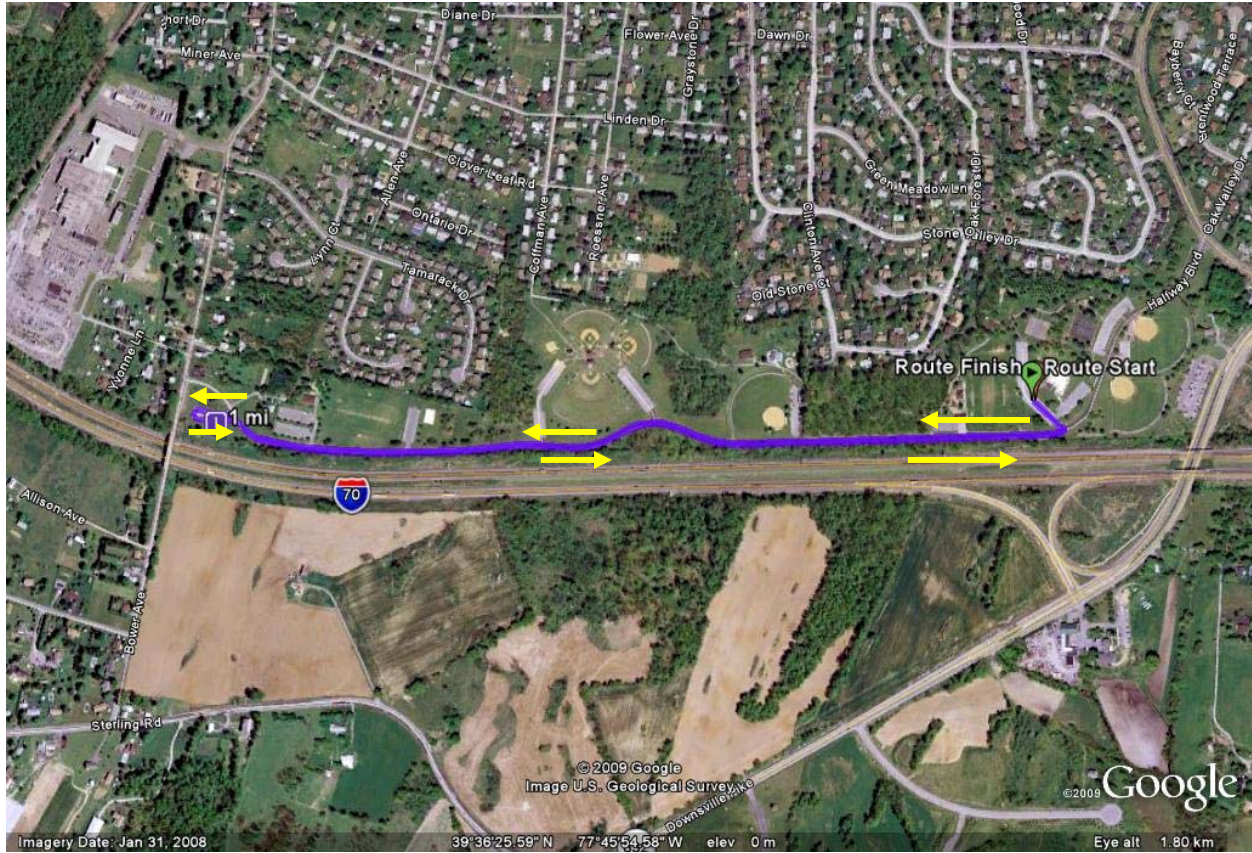
Hagerstown Youth Triathlon Swim Course-Halfway Pool (25 meters)



Swim Detail: Swim will be an in-water start in the pool. The pool is a friendly 4 feet deep the entire length. There are showers in the bathrooms. Ages 9 and over swim 2 laps (4 lengths) for a total of 100 meters. Ages 10 and over swim 3 laps (6 lengths) for a total of 150 meters.

Hagerstown Youth Triathlon Bike Course-approx. 2 miles, 78 ft of climbing per loop

Ages 9 and under do one loop, ages 10 and over do two loops

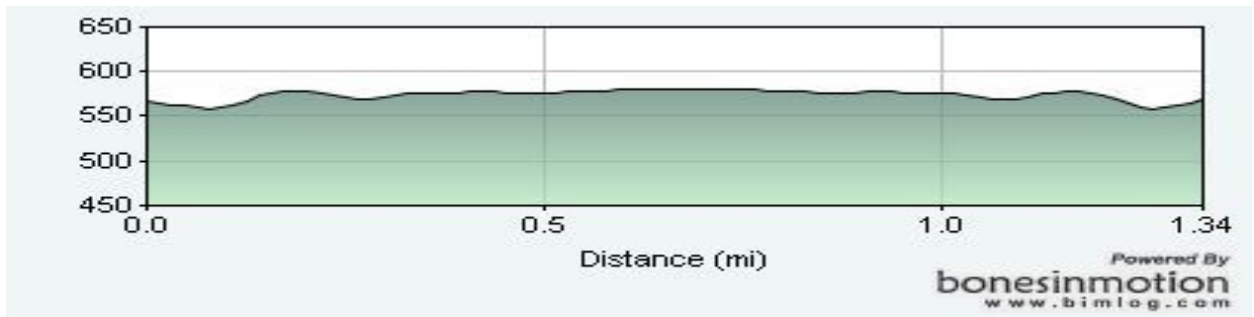
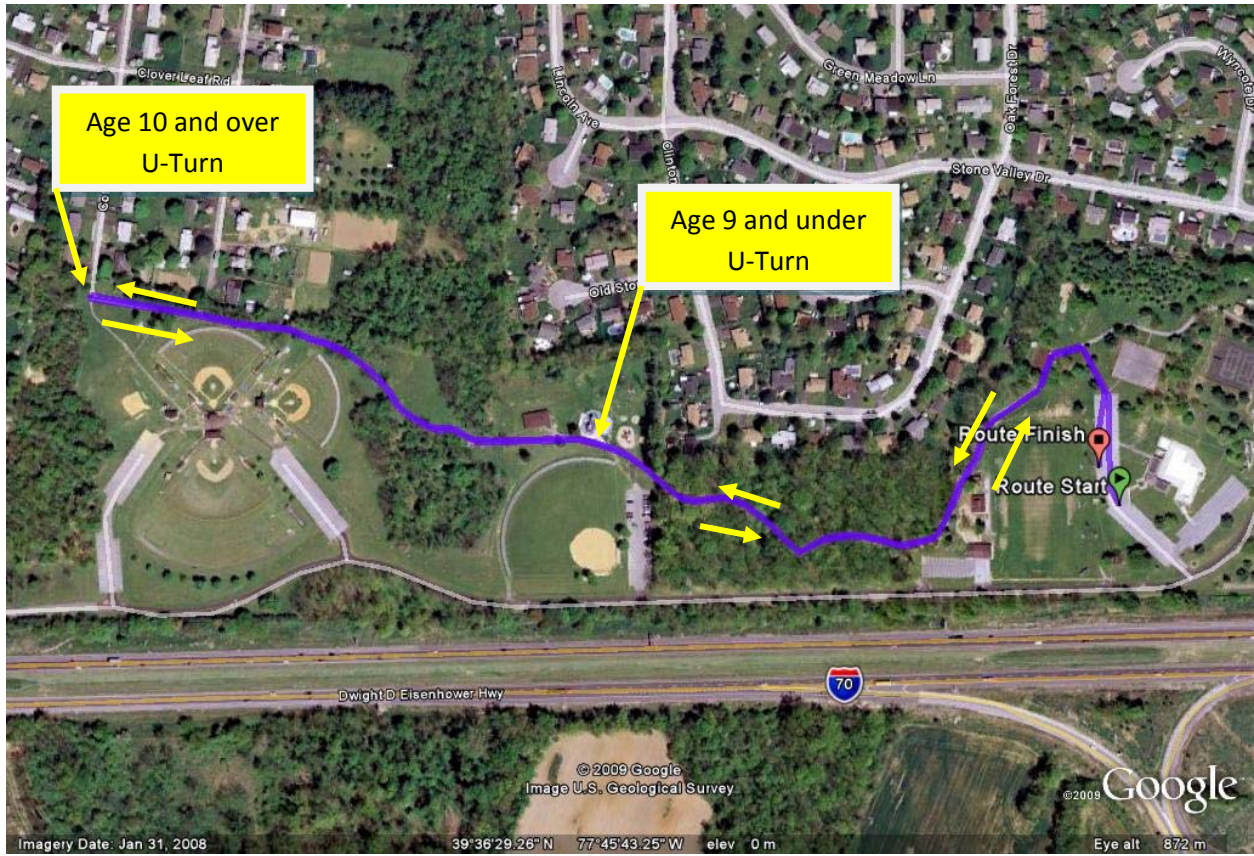


Turn-By-Turn

R-Out of parking lot onto park road, proceed to the last parking lot on the left, u-turn through the parking lot and proceed back down the road to the transition area.

Hagerstown Youth Run Course- elevation approx. 65 ft

Age 9 and under run .75 miles and 10 and over run 1.35 miles



Turn-by-Turn

Start in parking lot heading towards the path, L-at the “T” in the path, follow the path until the turn around and follow the same course back to the finish.