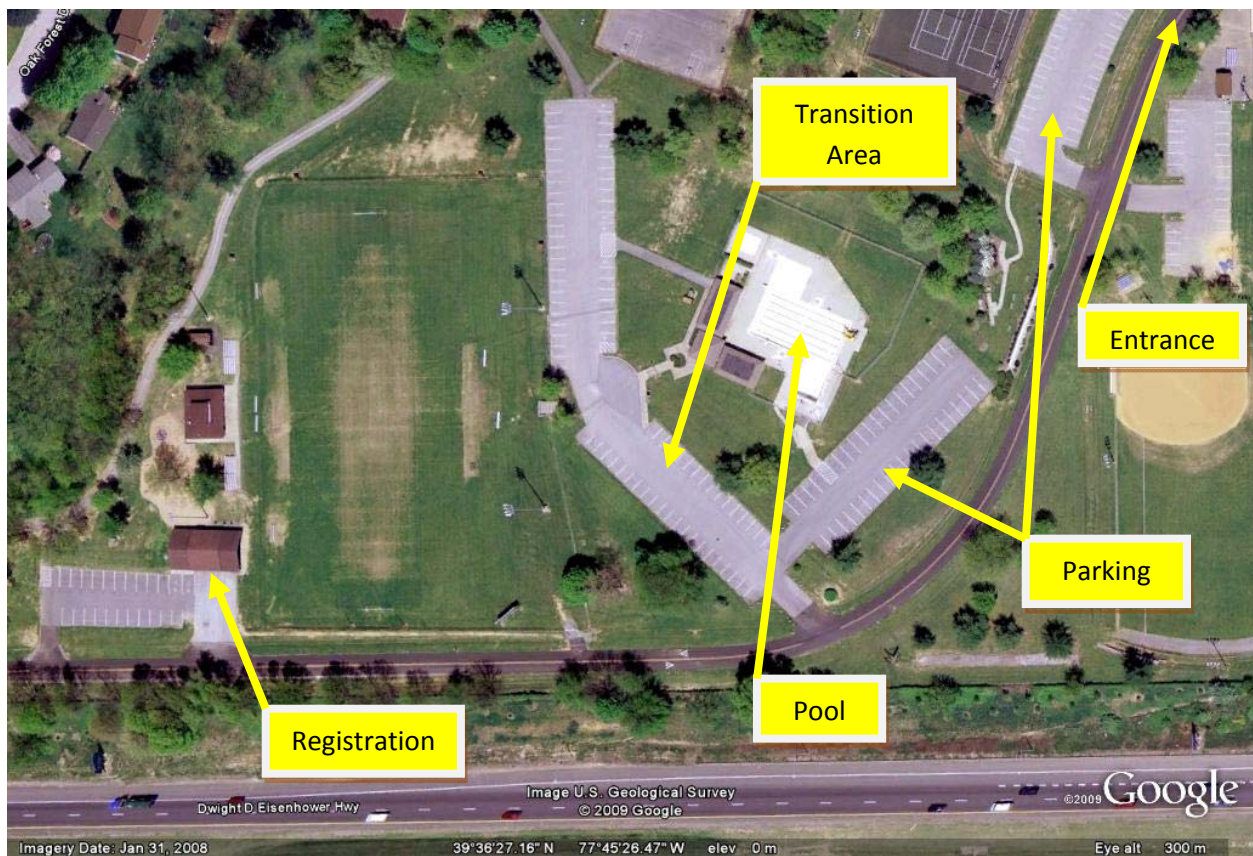


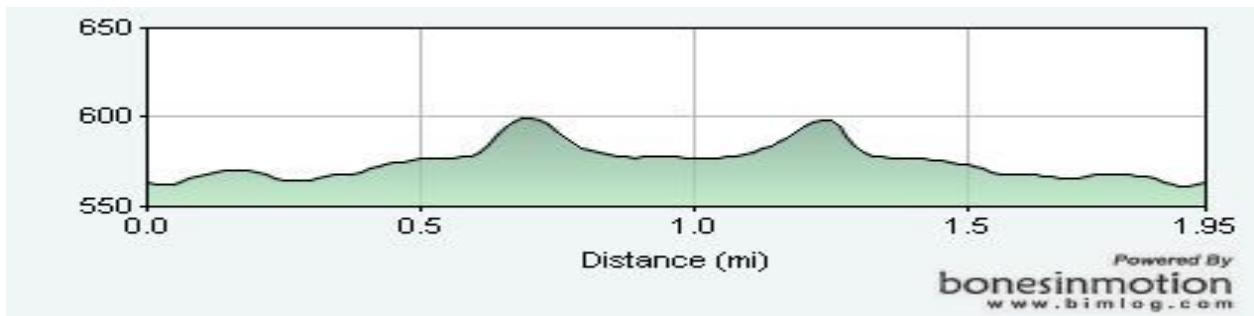
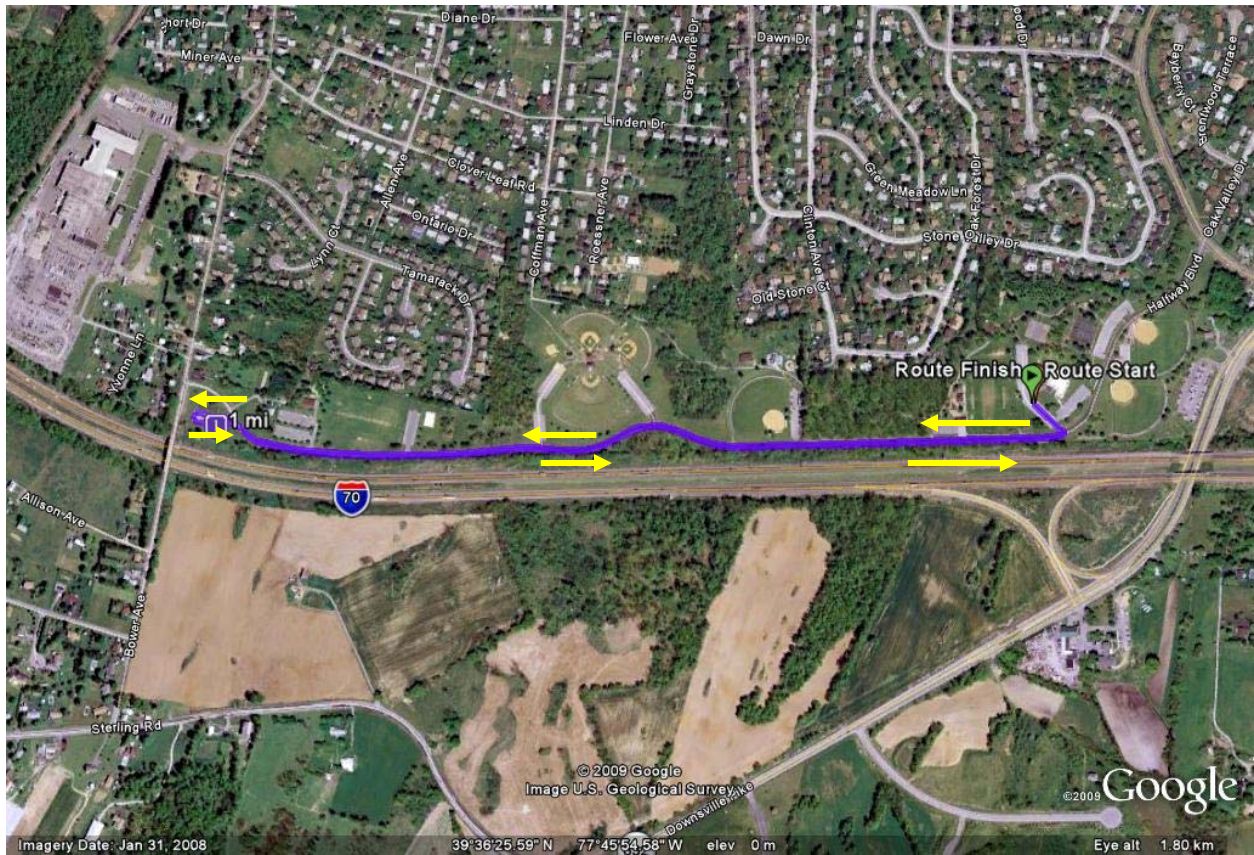


Hagerstown Youth Duathlon Race Site-Hagerstown, MD 21740



See the next three pages for details on the Run, Bike and Run courses.

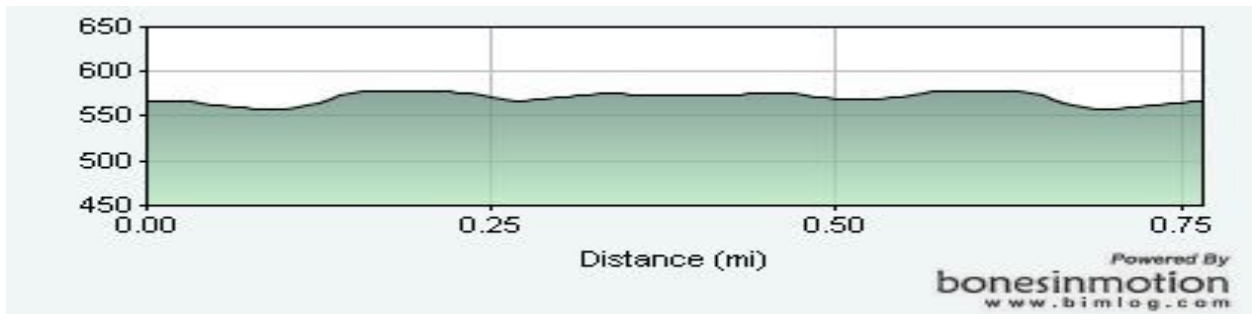
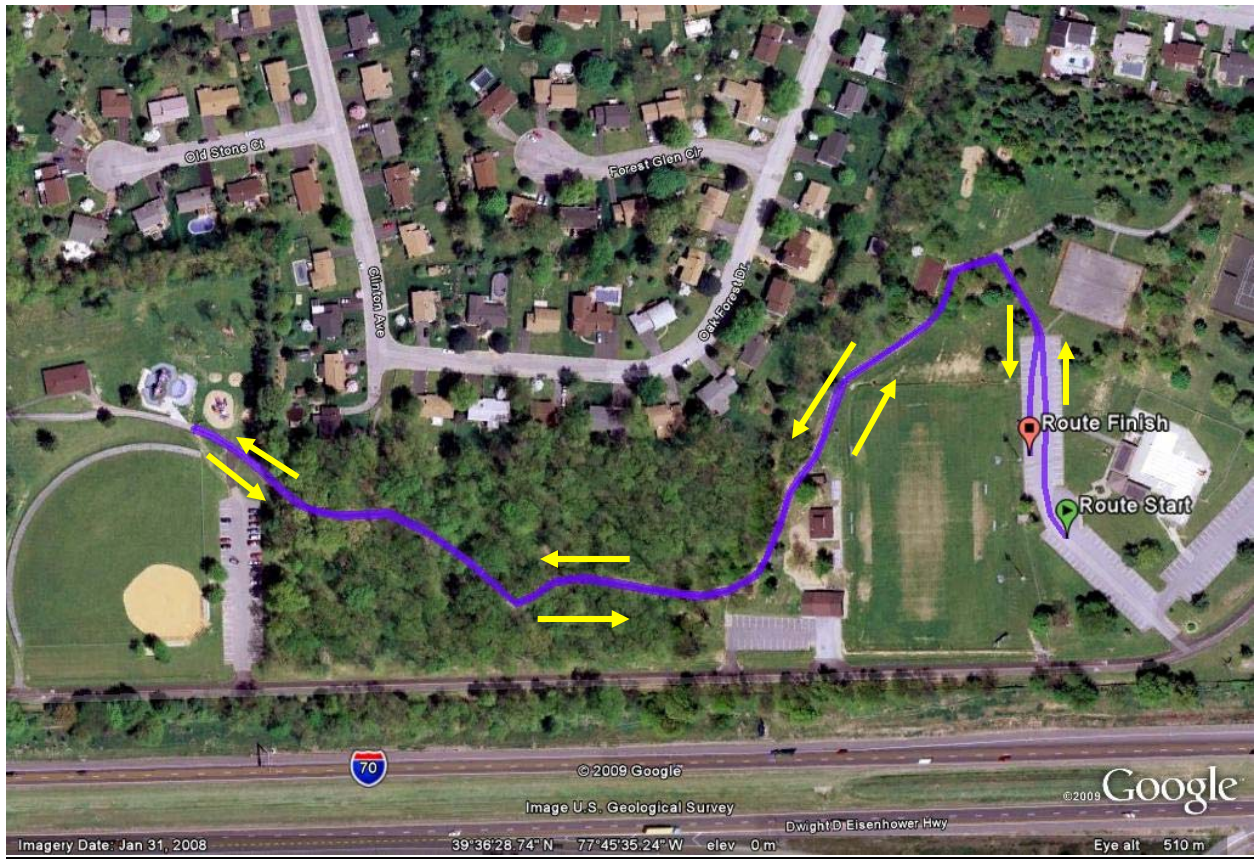
Hagerstown Youth Duathlon Bike Course-approx. 2 miles, 78 ft of climbing



Turn-By-Turn

R-Out of parking lot onto park road, proceed to the last parking lot on the left, u-turn through the parking lot and proceed back down the road to the transition area.

Hagerstown Youth Duathlon Run Course #2- elevation approx. 52 ft



Turn-by-Turn

Start in parking lot heading towards the path, L-at the “T” intersection on the path, follow the path until the turn around and follow the same course back to the finish.